Community Mental Health Delivery Plan & Actions on a Page

OUR VISIONS

OUR STRATEGIC VISION: We echo the vision set out in the National Mental Health Strategy 2017 – 2027 "People can get the right help at the right time, expect recovery, and fully enjoy their rights, free from discrimination & Stigma."

OLIR AIMS

Prevention - People are supported to enjoy the best possible mental health & Wellbeing Self Management – People who experience poor mental health are supported to self-manage in their communities. Recovery – people who experience mental illness are supported through their recovery Dignity & Rights – Support provided respects the dignity and rights of the individual Support for Carers – Carers of people with poor mental health will be supported to be equal partners

OUR ACTIONS

the creation of community mental health and wellbeing workers

Improve & promote
"Know who to turn to"
information for
mental health
& wellbeing

Improved engagement & feedback to support Improving services.

Improved patient

pathways

Work with partners To review service delivery & resources Alternative treatment options through digita solutions

Promote use of electronic tools to promote wellbeing activities in communities

Early intervention with young people and Improved transitions moving to adult services

Work with locality empowerment groups

to ensure local needs are addressed

Support the role of carers

Increase trauma awareness within communities

Using information from those with experience to develop services.

Work with partners to showcase local supports Improve discharge planning into the community.

Promote use of Advanced Statements to improve care and treatment.